

Hand Washing SOP-403

Employee Training

PURPOSE

To ensure proper handwashing procedures are met

PROCEDURE

When employees wash their hands it is important to follow these steps:

1. Make sure the water is at least 100°F
2. Rinse your hands then add soap
3. Scrub your hands and wrists thoroughly for 20 seconds.
4. Rinse off your hands making sure to remove all the soap
5. Dry you hands with a paper towel. Use the paper towel to turn off the water
6. Hands should be washed before/after the following:
 - Before starting work
 - Before preparing or making food
 - Before putting on gloves
 - After eating, drinking, or smoking
 - After blowing your nose, sneezing, or coughing
 - After handling dirty equipment
 - After handling trash or waste
 - After cleaning
 - After using the restroom
 - After handling money
 - After touching your phone, clothing, or body

IMPORTANT NOTES

When scrubbing your hands it is important to make sure you get underneath the fingernails. This is where a majority of bacterial buildups occur

